



KAYAKALP

**VIVEKANAND MEDICAL RESEARCH TRUST,
HOLTA, PALAMPUR DISTT: KANGRA,
HIMACHAL PRADESH 176062**



HIMALAYAN RESEARCH INSTITUTE FOR YOGA AND NATUROPATHY

MADHUMEHA MANTHAN – 2020

NATIONAL CONFERENCE ON DIABETES MELLITUS

February 22-23, 2020



For Further Information Contact Call on - 7807310891; (01894) 235666; 235676

About Kayakalp

KAYAKALP means Transformation of the Body. Kayakalp believe that just treating the body is not complete health care as long as mind and soul are not in absolute synchrony. Kayakalp is NABH accredited, ISO 9001:2015 certified and Yoga certified organisation by QCI and is serving people since 2005.

Departments in Kayakalp

Kayaklap constitute of various holistic way of treatment i.e. Yoga, Naturopathy, Panchakarma, Diet Therapy, Physiotherapy, Gymnasium

Objective of the Conference

The proposed conference shall provide a holistic opportunity for interaction and initiate lively discussion among academicians and young researches to share their knowledge in various field of Diabetes Mellitus

Thrust areas

Role of Yoga, Pranayam, Meditation, Panchakarma, Naturopathy, Diet Therapy and Physiotherapy in Diabetes Mellitus

Call of Abstracts

Abstracts of original research work are invited from interested Teachers/ Ph.D Scholars / Practitioners / PG student / Graduate student of Naturopathy, Yoga , Ayurveda, Physiotherapy and Holistic healers in India and abroad that are based on the theme of seminar and allied areas within January 30, 2020. Abstract should be written in within 250 words and submitted in MS word format (Times New Roman, Font Size 12 and 1.5 line spacing). The abstract should clearly state the Name of presenting author (mark with asterisk) and affiliation to all other should be submitted to the Organising committee by email info@kayakalppalampur.in

Oral presentation guideline

Oral presentation should be made preferably by power point mode within 30 slides including introduction and references.

Each oral presentation is limited to (4 + 2) minutes. 3 minutes for discussion after each oral Presentation.

Registration fee, important dates and accommodation

Registration fee include kit, breakfast, lunch, high tea and dinner including dormitory accommodation inside the campus. Participant can also avail other special accommodation on extra charges. Number of participant is limited and selection will be based on first come first.

Last date of submission of abstract January 30, 2020

Acceptance of abstract 10 February, 2020

Teachers/ Phd Student / Pg Student/ Practitioners/ Ug Student	INR 2500/-
International Delegates	\$ 150

Special Accommodation

The participant can avail special accommodation on extra charges which are as follows

Type of accommodation	Features	Special Features	Charges	Total per Person
Dormitory (Basera)	5 beds in one room on sharing basis		Included in Registration fees	2500 (Registration fees)
Double Bedroom (Nilay)	2 beds in one room on sharing basis		Registration fees + Rs 900 for 2 day	Rs 3400 for 2 days
Delux Double Room(Niket)	2 beds in one room on sharing basis		Registration fees + Rs 1900 for 2 days	Rs 4400 for 2 days
Cottage Deluxe Double Bedroom (Ketan)	2 beds in one room No Sharing	AC with temperature control for both cold and hot climate Living room	Registration fees + Rs 6200 for 2 days	Rs 8700 for 2 days
Cottage Super Deluxe Bedroom (Nikunj)	2 beds in one room No Sharing More Spacious	AC with temperature control for both cold and hot climate Living room	Registration fees + Rs 8000 for 2 days	Rs 10500 for 2 days

Programme Schedule

Sl.No	TIMING	EVENT/ PLENARY SESSIONS
1st Day		
1	08:30 AM to 09:00 PM	Registration and Breakfast.
2	9: 00 AM to 9:30 AM	Inaugural Function by Chairman Sh. Shanta Kumar Ji
3	9:30 AM to 10: 00 AM	Brief Note about KAYAKALP by Dr Ashutosh Guleri
4	10:00 AM to 1:00	Guest Speaker Dr. Gopa Kumar
5	01:00 PM to 02: 00 PM	Lunch
6	02:00 PM to 05: 00 PM	Paper Presentation
2nd Day		
1	9: 00 AM to 12:30 PM	Paper Presentation cont
2	12: 30 PM to 1:30 PM	Lunch
3	1:00 PM onwards	Guest Speaker Dr. Milind Patil
4	4:30 PM onwards	Result and Prize Distribution



Dr. Gopa Kumar



Dr. Milind Patil

Mode of registration

Registration and payment can be done online. The Account details are as follows

Account Name - **KAYAKALP**

Bank Name - **PUNJAB NATIONAL BANK, PALAMPUR**

Account No : **0375000100281133**

IFSC Code - **PUNB 0037500**

For any queries regarding registration contact info@kayakalppalampur.in

Venue

Kayakalp, Vivekanand Medical Research Trust, Palampur, District Kangra Himachal Pradesh 176062

How to reach

Airport --- Kangra Airport---- Distance from airport 41 Km
Delhi Airport --- Distance from airport 270 Km
(Volvo Buses services available from the City)

Chandigarh Airport - Distance from airport 510 Km
(Volvo Buses services available from the City)

Railway--- Delhi to Chakki Bank (Pathankot) from Chakki bank to Miranda (Palampur) railway station toy train

Chandigarh to Chakki Bank (Pathankot) from Chakki bank to Miranda (Palampur) railway station toy train

Road - By road National Highway 21

Climate

Climate near to the Campus ranges from 10°C to 15°C in the month of February, 2020

REGISTRATION FORM

Name

Address

Name of the college/

institution

Contact No.....

Type of Registration

Teachers Phd Student PG Student Practitioner

Ug Student International Delegates Sponsor

Type of Accommodation

Basera Nilay Niket Ketan Nikunj

Conformation :

*I have paid Rs/ (In words
.....only)*

*To your bank account on Date/...../..... Time
and transaction ID is.....*

Organising committee and Delegates

Dr Ashutosh Guleri --- CMO and Administrator

Dr Rohit Mehta SMO Panchakarma

Dr Manjul - Senior Physiotherapist

Dr Monika MO Naturopathy

Note: The certificates of participation will only be issued to those who attend the conference.

For further Help and enquiry call

Dr Rohit Mehta on +919205866563 or at info@kayakalppalampur.in

